

BEGINNING THE DISCHARGE PROCESS

Patient Name: _____

Date: _____

Patient ID #: _____

You began Websteps to Success intervention after increased counseling sessions and failure of your Behavioral Contract. You have reached a point in your treatment where you must be responsible for your own recovery. IHC offered you Websteps as a final intervention before moving on to aftercare planning.

Continued drug or alcohol use does not mean that you have failed your recovery program. It simply means that methadone treatment may not be the best modality of care for you. We want you to view aftercare planning as an opportunity for you to succeed using another form of treatment.

Aftercare planning is your choice. Please choose one of the following aftercare plans:

G I am requesting an immediate 1-5 day detox from methadone treatment.

G I am requesting a 21 day detox from methadone treatment.

G I am requesting a taper so that I can enter a detox facility i.e.: Hooper, Tigard Recovery, Buckley House, or Serenity Lane.

G I am requesting a taper so that I can enter an Intensive Outpatient Alcohol and Drug Program.

G I would like to enroll in intensive outpatient at IHC.

G I would like a referral to another facility.

G I am requesting a transfer to another Methadone Outpatient treatment facility.

Please request a telephone book to gather the necessary information.

Clinic Name: _____

Address: _____

Phone #: _____ Fax #: _____

Cost of transfer: _____ Insurance options: _____

Hours of operation: _____ Intake appt date: _____